## TERRAS

## BREAKFAST MENU

SWEET			
MUFFIN GF VG ask for today's fresh offerings	6	GREEK YOGURT BOWL GF NF V Coconutyogurt upon request house-made chia seed granola, fig, goji, coconut, local raw honey	12
OVERNIGHT OATS GF NF VG toasted coconut, mixed berries	13	CHOCOLATE BUCKWHEAT PORRIDGE GF VG fresh berries, coconut cream, coconut, coffee, dianthus, pecans	16
PITAYA SMOOTHIE BOWL GF NF V dragon fruit, mango, blueberry, banana, bee pollen, sliced fruit, toasted coconut	16	MATCHA PANCAKES GF NF V matcha green tea pancakes, local raw honey, fresh berries, cacao nib whipped coconut cream	<b>18</b>
SAVORY			
AVOCADO TOAST NF VG Gluten free bread upon request avocado smash, noble sourdough bread, sunflower hemp dukkah, radish sprouts, purple ninja radish	17	SONORAN BREAKFAST BURRITO NF V scrambled eggs*, red quiona, avocado smash, marinated kale, cheddar cheese, mushroom chorizo	17
SMOKED SALMON TOAST DF Gluten free bread upon request house-cured salmon, noble sourdough bread, whipped almond sprecucumber, capers, radish, everything seasoning	<b>21</b> ad,	<b>BUTTERNUT SQUASH FRITTATA</b> GF V sage pesto	18
BREAKFAST SANDWICH NF V Gluten free bread upon request	17	TOMATO BASIL OMELETTE GF NF tomato jam, basil, spinach, boursin cheese, sweet potato hash	16
noble sourdough bread, fried egg*, white cheddar, arugula, garlic aio with sweet potato hash	li,	EGGS BENEDICT DF V noble sourdough bread, tomato, spinach, farm fresh eggs*, cashew sa	<b>19</b>
SHAKSHUKA NF V Gluten free bread upon request farm fresh eggs* poached in a sauce of tomatoes, peppers, onions, for cilantro, grilled noble sourdough bread	<b>18</b> eta,	FARMERS MARKET BREAKFAST v farm fresh eggs*, noble seeded multigrain toast, orange marmalade, almond butter, coconut yogurt & seasonal berries, juice, coffee, or tea	28
ADDITIONAL SIDES			
NOBLE SEEDED MULTIGRAIN BREAD NF VG orange marmalade, almond butter	8	HOUSE-MADE BEEF CHORIZO GF NF DF HOUSE-MADE SMOKED SALMON GF NF DF	9
SEASONAL BERRIES GF NF VG	8		_
CHICKEN APPLE SAUSAGE GF NF DF	9	SWEET POTATO HASH GF NF VG  LOCAL FARM FRESH CAGE-FREE EGG* GF NF V	5 4
BEVERAGES			
Coffee		Tea	
DRIP COFFEE	4	HOT TEA	6
AMERICANO	7	ICED TEA botanicals seasonal selection	6
ESPRESSO single / double 4	/ 7	Spiked	
LATTE vanilla, caramel, hazelnut, matcha, chai, mocha	7	MIMOSA classic or hibiscus pamplemousse	14
CAPPUCCINO vanilla, caramel, hazelnut, matcha, chai, mocha	7	BLOODY MARY local gin or vodka	14
Juice		2222	
ORANGE	6		
GRAPEFRUIT	6		

**GF** Gluten Free **NF** Nut Free **DF** Dairy Free **VG** Vegan **V** Vegetarian GF items above are prepared with gluten-free ingredients. However, our kitchen is not completely gluten free. Please let us know if you have a food allergy or sensitivity. \*These items may be cooked to order and may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of a food borne illness.