

the Spa

BITES

Avocado Toast V NF gluten free bread available 12

with sprouts, tiny tomatoes & radish on sourdough
+ smoked salmon* (6), egg* (3) or grilled tofu (6)

Grain Bowl V GF NF 16

with quinoa & jasmine rice, stewed lentils,
marinated kale, roasted carrots, ruby kraut,
mustard seed vinaigrette

+ smoked salmon* (6), egg* (3), grilled tofu (6),
grilled chicken (6), or avocado (3)

Eggplant Bahn Mi V NF 13

with pickled carrots, radish, Thai basil, lentil pate,
jalapeño, spicy chick pea aioli served on
Noble Eatery bread

Grilled Salmon* Tacos GF NF 14

with "refried" black beans, guacamole, cabbage salad
& tomatillo salsa

Big Salad V GF NF 12

with market greens, avocado, raw shredded vegetables,
green olives, marinated red peppers, sunflower sprouts
& creamy citrus dressing

+ smoked salmon* (6), egg* (3), grilled tofu (6),
grilled chicken (6), or avocado (3)

Pasture Raised Chicken GF 16

with Napa cabbage slaw, spiced black beans, toasted
pepitas, pickled jalapeño, cashew ranch dressing

GF Gluten Free **NF** Nut Free **V** Vegan

All GF items listed above are prepared with gluten-free ingredients.
However, our kitchen is not completely gluten free. Please let us
know if you have a food allergy or sensitivity.

*These items may be cooked to order and may contain raw or
undercooked ingredients. Consuming raw or undercooked meats,
poultry, seafood, shellfish or eggs may increase your risk of a food
borne illness.



BLEND *Available 6a-5p*

8

Hydrate Coconut Water, Pineapple, Watermelon, Maple Syrup

Power Soy Milk, Banana, Dates, Cherries, Blueberries, Hemp Seeds, Almonds

Cleanse Filtered Water, Kale, Spinach, Ginger Juice, Lemon, Pineapple, Mango, Chia Seeds

PRESSED

6

Juice Orange or Grapefruit

G&T Fresh Pressed Grapefruit, Fever Tree Indian Tonic, Juniper & Lavender Blend

Cutting Loose? Add Tequila or Vodka +\$4

SPIRITS

14

Prickly Pear Sangria Pinot Noir, Gran Marnier, Hendrick's Solstice Gin, Seasonal Fruit, Prickly Pear

BEER

6

Lucky Buddha Enlightened Beer Japanese Rice Lager | Intentional Distillers & Vintners, China | 4.8% ABV

Sippin' Pretty Fruited Sour Odell Brewing Co. | Fort Collins, CO | 4.5% ABV

Special Effects Zero Alcohol Dry Hop Lager Brooklyn Brewery | Brooklyn, NY | <.5% ABV

Maha Hard Seltzer Raspberry or Tangerine | 4.5% ABV | Organic, Gluten Free

WINE

12 glass | 48 bottle

Chardonnay Natura Organic Unoaked, Central Valley, Chile

Rosé Fleurs de Prairie, Côtes de Provence, France

Pinot Noir Natura Organic, Central Valley, Chile

Cabernet Sauvignon Natura, Organic, Central Valley, Chile

Prosecco Drusian Brut, Valdobbiadene D.O.C.G, Treviso, Italy