

SEPTEMBER TO REMEMBER

Whether it be through retail therapy, dinner out or a quick staycation in the Valley, here are a few new ways to make this month unforgettable. BY VYLA CARTER



REJUVENATE

CIVANA Wellness Resort & Spa, nestled high in the breathtaking Sonoran Desert, is taking its commitment to "happiness first, healthiness always" to another level. The spa's new Joyful Journey program empowers guests to connect to their happier and healthier selves through over 10 unique wellness experiences that explore all four domains of well-being—spiritual, physical, emotional and mental. Guests can enjoy the Sound Healing for Joy class where the body's natural water is used alongside sound vibrations to create cycles of healing. Or jump into joy with an intense but low-impact beatbased trampoline class. Other experiences include Ecstatic Dance, Gratitude Meditation and a painting workshop—all created to provide unique insights to help guests ensure a happy state of mind, long term. 480.653.9000, civanacarefree.com

THE SKIN CROWD

Brand-new to Scottsdale Quarter, SkinCeuticals SkinLab by Maffi Plastic Surgery offers physician-validated cosmetic services with ease, convenience and accessibility for great skin made easy. Patients can utilize a cutting-edge skincare treatment menu, including injectables and laser and aesthetic treatments, to look their best. The SkinSmooth treatment uses a combination of LED light and the SkinCeuticals micropeel treatment, using red light therapy paired with a chemical peel for a skin refresh. The SkinBright treatment is a combination of a HydraFacial and a SkinCeuticals chemical peel to help with routine maintenance and seasonal concerns. For more intensive concerns, microneedling and hydrating B5 gel are available. For those seeking skin treatment, SkinCeuticals SkinLab has the answer. *skinlabmaffi.com*



Find your match at the SkinCeuticals Tester Bar.

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