

SMOOTHIES

- Greenvana** 12
green apple, lime, ginger spirulina, spinach, kale leaves, cilantro, banana, & kiwi
- Glow Getter** 12
oat milk, strawberry, raspberry, banana, dates, hemp seeds, flax seeds, & vanilla

BITES

- Carefree Fruit Plate** 14
fresh & chilled sliced seasonal fruit
- Desert Guacamole** 14
cilantro, lime, & chiles / crispy corn chips & crudité
- Roasted Beet Hummus** 14
beet, lemon, & garlic / herbed crackers, caper berries, & crudité

SALADS

- Veggie Cobb Salad** GF 18
romaine, grilled portobello, smokey black beans, hard boiled organic egg, avocado, cherry tomatoes, sprouts, & creamy cashew ranch dressing. + house smoked salmon* (7) grilled chicken (6) grilled tofu (6)
- Superfoods Salad** V GF 17
lacinato kale, shredded vegetables, creamy almond ricotta, honey crisp apples, spiced sunflower seeds, sprouts, & toasted sesame date dressing. + house smoked salmon* (7) grilled chicken (6) grilled tofu (6) egg* (3) avocado (3)

WRAPS & MORE

- Chicken Pesto-Lovers Sandwich** 21
organic lemon herbed chicken, seasonal roasted vegetables, parsley-almond pesto, whole grain mustard, & lettuce on a fresh noble onion roll. + choice of sweet potato chips or side market salad
- Hippy Wrap** V NF 18
herbed tofu salad, brown rice, chickpeas, shredded vegetables, ruby kraut, & green tahini on whole wheat tortilla
- Sonoran Tacos** GF NF 18
choice of grilled salmon*, chicken or tofu, "refried" beans, tomato, guacamole, slaw, & tomatillo salsa on corn tortillas
- Grass Fed Burger** DF NF 24
with sun-dried tomato-caper aioli, wild arugula, tomato on noble sesame bun. served with roasted potatoes and pickles + smoked cheddar (2), egg (3)

BEVVIES

Iced Tea	6
choice of black, raspberry lemon, lemon lavender	
Rishi Sparkling Tea	6
assorted flavors	

Dram Apothecary CBD Soda	8
Open Water Sparkling H2O + electrolytes	6

COCKTAILS

Mai Tai	18
served in a 16 oz eco-friendly bag + dark rum float 4	
Piña Colada	16
+ dark rum float 4 nonalcoholic version 10	
Honey Margarita	16
house chili salt rim pitcher, serves 5 drinks (2+ person minimum)	65
Prickly Pear Sangria	14
pinot grigio, hendrick's solstice gin, prickly pear, seasonal fruit pitcher, serves 5 drinks (2+ person minimum)	65

CBD Spritz	14
aperol, prosecco, cbd-infused zero-sugar sparkling citrus	
Mimosa	14
classic or hibiscus pamplemousse	
Bloody Mary	14
arizona distilling co. mission vodka	
Moscow Mule	14
chakra vodka, big marble organic ginger beer, lime	

CANNED

Huss Arizona Light Lager 12 oz	7
Purpose Pilsner 16 oz	8
Northeast IPA 16 oz	8
Sippin' Pretty Fruited Sour	7

Juneshine Kombucha	7
assorted flavors	
Plant Seltzer	12
assorted flavors	

WINE

West + Wilder	14
choice of white, rosé, or sparkling	

GF Gluten Free **NF** Nut Free **V** Vegan All gluten free items listed above are prepared with gluten-free ingredients. However, our kitchen is not completely gluten free. Please inform your server if you have a food allergy or sensitivity. Available substitutions; gluten free bread, gluten free tortilla, tofu scramble.

*These items may be cooked to order and may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of a food borne illness.

All pool orders are subject to 18% gratuity.