

# YOLO

JOURNAL





# THE STAY



Our favorite  
places to rest up,  
detox, work out  
and seek a cure

NORTH AMERICA

ALASKA

ALYESKA NORDIC SPA  
Chugach Mountains

ARIZONA

CIVANA  
Carefree

CASTLE HOT SPRINGS  
Morristown

MII AMO  
Sedona

CANYON RANCH  
Tucson

MIRAVAL  
Tucson

CALIFORNIA

ESALEN  
Big Sur

POST RANCH INN  
Big Sur

THE ASHRAM  
Calabasas

DR. WILKINSON'S  
Calistoga

INDIAN HOT SPRINGS  
Calistoga

WE CARE  
Desert Hot Springs

THE PEARL  
Laguna Beach

THE RANCH  
Malibu

STANLY RANCH  
Napa Valley

GOLDEN DOOR  
San Marcos

CAL-A-VIE  
Vista

CONNECTICUT

THE MAYFLOWER INN  
Washington

COLORADO

DURANGO HOT  
SPRINGS & RESORT  
Durango

HAWAII

SENSEI LANAI  
Lanai City



CASTLE HOT SPRINGS, ARIZONA



CIVANA, ARIZONA



POST RANCH INN, CALIFORNIA