# TERRAS

# DINNER MENU

#### SPRING PEA HUMMUS

english pea hummus, seasonal crudité, charcoal pita NF VG

16

# BEET CARPACCIO

avocado puree, pickled mustard seed, pumpkin seed, capers, lemon dressing, chile aioli GF VG

12

# HEARTS OF PALM CRAB CAKE

mustard vinaigrette, frisee, lemon oil, fennel blossoms

GF NF VG

16

#### HEARTH ROASTED ARTICHOKE

wood fire oven roasted, tarragon aioli  $\,$  GF  $\,$  NF  $\,$  VG  $\,$ 

16

#### AHI TUNA TARTARE

chile-spiced ahi tuna, smashed avocado, purple ninja radish, persian cucumber, micro cilantro, blue corn chips GF NF DF

19

#### CHARRED OCTOPUS

smoked potatoes, blistered honey and thyme roasted tomatoes, pomegranate molasses, romesco sauce, micro cilantro GF DF

21

# HONEY ROASTED TOMATO & BURRATA FLATBREAD

honey and thyme roasted tomatoes, burrata cheese, % fresh basil  $\,$  NF  $\,$  V

16

STARTERS .....

# **GRILLED CAESAR SALAD**

grilled baby gem lettuce, gremolata breadcrumbs, hemp seeds, pistachio, nigella sativa, bronze fennel, nasturtium, sunflower caesar dressing GF VG

19

# CHOPPED KALE SALAD

lacinato kale, radicchio, marcona almonds, honeycrisp apple, oregano vinaigrette GF VG

18

#### ASPARAGUS SOUP

pureed asparagus soup with coconut chantilly cream GF NF VG

# LEMON CHICKEN ORZO SOUP

broth-based chicken and vegetable soup with gluten free orzo

12

FROM THE EARTH

# MUSHROOM BOLOGNESE TAGLIATELLE

cremini mushroom bolognese with walnuts, red wine, plum tomatoes, white onion, local microgreens  $\,^{\,\text{V}}$ 

26

# **BLACK PEPPER TOFU**

bok choy, forbidden rice GF NF VG

23

#### ZUCCHINI LASAGNA

pistachio pesto, marinara sauce, almond ricotta GF VG

22

LAND & SEA .....

#### SESAME CRUSTED AHI TUNA

brown rice noodles, carrots, shiitake, snap peas, shiitake broth  $$\operatorname{\textsc{GF}}\nolimits$  NF  $\operatorname{\textsc{DF}}\nolimits$ 

48

# MISO GLAZED SALMON

miso blood orange glaze, roasted fingerling potatoes, frisee, lemon oil, orange slices GF NF DF

37

#### **ROASTED BRANZINO**

carrot top chimichurri, meyer lemon puree, broccolini, arugula, smoked potatoes GF NF DF

45

# **GRASS-FED FILET MIGNON**

melted leeks, wild mushroom, reishi potato puree, chlorella herb oil GF NF DF 58

#### HERB CRUSTED ELK TENDERLOIN

celery root puree, red wine demi, roasted carrots, pine pollen GF NF DF

52

#### ROASTED CHICKEN BREAST

local two wash ranch chicken breast roasted in the hearth, achiote marinade, smoked potatoes, peruvian spiced chayote squash, anticucho sauce GF NF DF

39

# SMOKED POTATOES

romesco sauce GF V

9

# CHARRED BROCCOLINI

preserved lemons, garlic, fresno chiles GF NF VG

9

# WILD MUSHROOMS

sautéed with rosemary GF NF VG

9

#### SPRING PEAS

sautéed with ginger, garlic, shallots, sesame oil GF NF VG

9

#### **GRILLED ZA'ATAR CARROTS**

spiced with cilantro yogurt sauce GF NF VG

9

# **VEGAN MAC & CHEESE**

cashew cheese sauce, gremolata breadcrumbs GF VG

12

# SEASONAL HIGHLIGHTS

Inspired by the land, but open to creative interpretation and flavors, Terras offers a modern take on regionally inspired cuisine, featuring a seasonally resonant menu. Currently highlighting; Two Wash Ranch chicken, Blue Sky Farms, Arizona Microgreens, and Noble Bread.

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