## TFRRAS

SHARED PLATES .....

SPRING PEA HUMMUS english pea hummus, seasonal crudité, charcoal pita NF VG

16

BEET CARPACCIO

avocado puree, pickled mustard seed, pumpkin seed, capers, lemon dressing, chile aioli GF VG 12

HEARTS OF PALM CRAB CAKE mustard vinaigrette, frisee, lemon oil, fennel blossoms GF NF VG 16

HEARTH ROASTED ARTICHOKE wood fire oven roasted, tarragon aioli GF NF VG 16

AHI TUNA TARTARE chile-spiced ahi tuna, smashed avocado, purple ninja radish, persian cucumber, micro cilantro, blue corn chips GF NF DF 19

CHARRED OCTOPUS smoked potatoes, blistered honey and thyme roasted tomatoes, pomegranate molasses, romesco sauce, micro cilantro GF DF 21

HONEY ROASTED TOMATO & BURRATA FLATBREAD

honey and thyme roasted tomatoes, burrata cheese, fresh basil NF V

16

DINNER MENU

STARTERS .....

**GRILLED CAESAR SALAD** 

grilled baby gem lettuce, gremolata breadcrumbs, hemp seeds,

pistachio, nigella sativa, bronze fennel, nasturtium, sunflower

caesar dressing GF VG

19

CHOPPED KALE SALAD

lacinato kale, radicchio, marcona almonds, honeycrisp apple,

oregano vinaigrette GF VG

18

ASPARAGUS SOUP

pureed asparagus soup with coconut chantilly cream **GF NF VG** 

12

LEMON CHICKEN ORZO SOUP

broth-based chicken and vegetable soup with gluten free orzo

GF NF DF

12

FROM THE EARTH

MUSHROOM BOLOGNESE TAGLIATELLE

cremini mushroom bolognese with walnuts, red wine,

plum tomatoes, white onion, local microgreens v

26

BLACK PEPPER TOFU

bok chov, forbidden rice GF NF VG

23

CHILLED ZUCCHINI LASAGNA

pistachio pesto, marinara sauce, almond ricotta GF VG 22

LAND & SEA ......

SESAME CRUSTED AHI TUNA brown rice noodles, carrots, shiitake, snap peas, shiitake broth GF NF DF 48

MISO GLAZED SALMON miso blood orange glaze, roasted fingerling potatoes, frisee, lemon oil, orange slices GF NF DF 37

ROASTED BRANZINO carrot top chimichurri, meyer lemon puree, broccolini, arugula, smoked potatoes GF NF DF 45

**GRASS-FED FILET MIGNON** melted leeks, wild mushroom, reishi potato puree, chlorella herb oil GF NF DF 58

HERB CRUSTED ELK TENDERLOIN celery root puree, red wine demi, roasted carrots, pine pollen GF NF DF 52

ROASTED CHICKEN BREAST local two wash ranch chicken breast roasted in the hearth, achiote marinade, smoked potatoes, peruvian spiced chayote squash, anticucho sauce GF NF DF

39

SIDES

SMOKED POTATOES

romesco sauce GF V q

CHARRED BROCCOLINI preserved lemons, garlic, fresno chiles GF NF VG q

> WILD MUSHROOMS sautéed with rosemary GF NF VG 9

SPRING PEAS sautéed with ginger, garlic, shallots, sesame oil **GF NF VG** q

> **GRILLED ZA'ATAR CARROTS** spiced with cilantro yogurt sauce **GF NF VG** 9

**VEGAN MAC & CHEESE** cashew cheese sauce, gremolata breadcrumbs GF VG 12

> SEASONAL HIGHLIGHTS

Inspired by the land, but open to creative interpretation and flavors, Terras offers a modern take on regionally inspired cuisine, featuring a seasonally resonant menu. Currently highlighting; Two Wash Ranch chicken, Blue Sky Farms, Arizona Microgreens, and Noble Bread.

GF Gluten Free NF Nut Free DF Dairy Free V Vegetarian VG Vegan All GF items listed above are prepared with gluten-free ingredients. However, our kitchen is not completely gluten free.

Please let us know if you have a food allergy or sensitivity. \*These items may be cooked to order and may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of a food borne illness. Parties of 6 or more are subject to a service charge of 20%.

