TERRAS

BREAKFAST MENU

SWEET			
MUFFIN GF VG ask for today's fresh offerings	6	GREEK YOGURT BOWL GF NF V Coconut yogurt upon request house-made chia seed granola, strawberry, goji, coconut, local raw ho	12 ney
OVERNIGHT OATS GF NF VG toasted coconut, mixed berries	13	CHOCOLATE BUCKWHEAT PORRIDGE GF VG fresh berries, coconut cream, coconut, coffee, dianthus, pecans	16
PITAYA SMOOTHIE BOWL GF NF V dragon fruit, mango, blueberry, banana, bee pollen, sliced fruit, toasted coconut	14	MATCHA PANCAKES GF NF V matcha green tea pancakes, local raw honey, fresh berries, cacao nib whipped coconut cream	18
SAVORY			
AVOCADO TOAST NF VG Gluten free bread upon request avocado smash, noble sourdough bread, sunflower hemp dukkah, radish sprouts, purple ninja radish	16	SONORAN BREAKFAST BURRITO NF V scrambled eggs*, red quiona, avocado smash, marinated kale, cheddar cheese, mushroom chorizo	17
SMOKED SALMON TOAST DF Gluten free bread upon request house-cured salmon, noble sourdough bread, whipped almond sprecucumber, capers, radish, everything seasoning	21 ead,	SPRING PEA FRITTATA NF DF V egg*, peas, celery mint relish, coconut yogurt, cilantro, pea shoots ASPARAGUS OMELETTE NF V	18
BREAKFAST SANDWICH NF V Gluten free bread upon request noble sourdough bread, fried egg*, white cheddar, arugula, garlic aid with sweet potato hash	16 oli,	asparagus, cipollini onion, feta EGGS BENEDICT DF V noble sourdough bread, tomato, spinach, farm fresh eggs*, cashew sai	16 19
SHAKSHUKA NF V Gluten free bread upon request farm fresh eggs* poached in a sauce of tomatoes, peppers, onions, f cilantro, grilled noble sourdough bread	18 eta,	FARMERS MARKET BREAKFAST v farm fresh eggs*, noble seeded multigrain toast, strawberry jam, almo butter, coconut yogurt & seasonal berries, juice, coffee, or tea	28
ADDITIONAL SIDES			
NOBLE SEEDED MULTIGRAIN BREAD NF VG strawberry jam, almond butter	8	HOUSE-MADE BEEF CHORIZO GF NF DF HOUSE-MADE SMOKED SALMON GF NF DF	9
SEASONAL BERRIES GF NF VG	8	SWEET POTATO HASH GF NF VG	5
CHICKEN APPLE SAUSAGE GF NF DF	9	LOCAL FARM FRESH CAGE-FREE EGG* GF NF V	4
BEVERAGES			
Coffee		Tea	
DRIP COFFEE	4	HOT TEA	6
AMERICANO	7	ICED TEA raspberry lemon or black, caffeine included	6
ESPRESSO single / double	. / 7	BOTANICAL TEA lemon lavender, caffeine free	6
LATTE vanilla, caramel, hazelnut, matcha, chai, mocha	7	Spiked	
CAPPUCCINO vanilla, caramel, hazelnut, matcha, chai, mocha	7	MIMOSA classic or hibiscus pamplemousse	14
Juice		BLOODY MARY az distilling co. mission vodka or commerce gin	14
ORANGE	6		
GRAPEFRUIT	6	Zero Proof FIRE WITHIN serrano infused ritual zero proof tequila, carrot juice watermelon juice, passion fruit puree, agave tea	e, 12

GF Gluten Free **NF** Nut Free **DF** Dairy Free **VG** Vegan **V** Vegetarian GF items above are prepared with gluten-free ingredients. However, our kitchen is not completely gluten free. Please let us know if you have a food allergy or sensitivity. *These items may be cooked to order and may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of a food borne illness.