

# TERRAS

## LUNCH MENU

### STARTERS

- GARLIC HUMMUS** VG 16  
pistachio dukkah, radish sprouts, seasonal crudité, lavosh chips
- DESERT GUACAMOLE** GF NF VG 17  
annatto oil, rainbow carrots, blue corn chips
- AHI TUNA TARTARE** GF NF DF 19  
smashed avocado, ahi tuna mix, purple ninja radish, persian cucumber, micro cilantro, blue corn chips
- MORINGA COCONUT WRAP DUMPLINGS** GF VG 15  
almond ricotta & mushroom filling, pumpkin turmeric vinaigrette, walnuts
- GAZPACHO** GF NF VG 12  
watermelon tomato gazpacho with pickled watermelon, micro mint
- LEMON CHICKEN ORZO SOUP** GF NF DF 12  
broth based chicken and vegetable soup with gluten free orzo
- GRILLED AND CHILLED SHRIMP** GF NF DF 16  
guajillo marinated shrimp, pickled fresno, chile chimichurri, cucumber, micro cilantro, charred onion oil, blood orange juice

### SALADS + BOWLS

- BABY GREENS SALAD** GF NF VG 17  
cherry tomato, roasted baby beets, persian cucumber, watermelon radish, orange, avocado, lemon ginger turmeric dressing
- CHOPPED SALAD** GF NF VG 18  
arugula, jicama, freeze dried corn, pepitas, tomato, cucumber, poblano green goddess dressing
- TOMATO & COUS COUS SALAD** NF DF VG 17  
heirloom tomato medley, cucumber, fresno, green chile cornbread croutons
- POKE BOWL** GF NF DF 26  
ahi tuna mix, sesame seeds, carrot, cucumber, edamame, watermelon radish, cabbage, forbidden rice
- BUDDHA BOWL** GF NF DF 25  
wild mushroom, fermented cabbage, kale, roasted carrots, black beans, forbidden rice, cumin lime vinaigrette, choice of chile-spiced cauliflower or natural grilled chicken
- FORAGER BOWL** GF NF VG 20  
kale, cucumber, avocado, edamame, sprouted lentils, dehydrated chamomile quinoa, sweet potatoes, pumpkin seed, dehydrated kale chips, chlorella vinaigrette
- protein additions:** grilled chicken GF NF (10), seared faroe island salmon GF NF (12), marinated tofu (6)

### TACOS

- SEARED SALMON** GF NF 18  
ancho chile rub, jicama slaw, guacamole, aji amarillo, micro cilantro, white corn tortilla, with black beans topped & cotija cheese
- GREEN CHILE CHICKEN** GF NF 17  
green chile-braised chicken, cabbage slaw, pickled red onion, guacamole, white corn tortilla, with black beans & cotija cheese
- CAULIFLOWER** GF VG 16  
chile-spiced cauliflower, guacamole, cashew cheddar, radish pico, micro cilantro

### SANDWICHES

served with choice of a side

- GRILLED CHICKEN SANDWICH** NF 25  
natural chicken breast, grilled red onion, gem lettuce, vegan mayonnaise, noble buttermilk bun
- GRASS-FED BURGER OR TURKEY BURGER** NF 26  
white cheddar, shallot jam, vegan garlic aioli, arugula, noble buttermilk bun
- GRILLED VEGGIE SANDWICH** NF VG 18  
zucchini, yellow squash, eggplant, red pepper, grilled red onion, garlic aioli, arugula, noble seeded multigrain bread

### SIDES

- SEASONAL BERRIES** GF NF VG 8
- MIXED GREENS SALAD** GF NF VG 8  
cucumber, radish, tomato, lemon ginger turmeric dressing
- SWEET POTATO WEDGES** GF NF VG 6  
oven roasted, truffle aioli
- HOUSE-MADE BREAD & BUTTER PICKLES** GF NF VG 5

### DESSERTS

- SEASONAL SORBET** GF NF VG 12

**GF** Gluten Free **NF** Nut Free **DF** Dairy Free **VG** Vegan **V** Vegetarian GF items above are prepared with gluten-free ingredients. However, our kitchen is not completely gluten free. Please let us know if you have a food allergy or sensitivity. \*These items may be cooked to order and may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of a food borne illness.

Parties of 6 or more are subject to a service charge of 20%.

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## DRINK MENU

CIVANA CLASSICS .....	
<b>HONEY MARGARITA</b> corcel tequila blanco, honey, lime	16
<b>SUMMER COLLINS</b> blue clover gin (or vodka), aperol, rhubarb liqueur, lemon juice, strawberry liqueur	16
<b>BUTTERFLY EFFECT</b> butterfly pea flower infused gin, cantaloupe juice, pot of gold honey syrup, lemon juice	16
<b>THYME FOR A SPRITZ</b> house-made limoncello, prosecco, club soda, thyme garnish	16
<b>APEROL SPRITZ</b> aperol, prosecco, club soda	15
<b>COCONUT MOJITO</b> havana rum, coconut water, mint, lime, agave, club soda	15
<b>PRICKLY PEAR SANGRIA</b> white wine, hendrick's solstice gin, seasonal fruit, prickly pear	15
<b>HIBISCUS MIMOSA</b> prosecco, orange juice, hibiscus tea	14
<b>BLOODY MARY</b> chakra vodka, housemade mix	14
<b>MOSCOW MULE</b> chakra vodka, ginger beer, lime	14
CIVANA ZERO PROOF .....	
<b>SONORAN SUNSET</b> zero proof gruvvi sparkling rosé, club soda, lemon juice, agave, dragon fruit	12
<b>FIRE WITHIN</b> serrano infused ritual zero proof tequila, carrot juice, watermelon juice, passion fruit puree, agave tea	12
<b>SEAGLASS PINOT GRIGIO</b>	10
<b>JP CHENET SPARKLING ROSÉ</b>	12
WINES BY THE GLASS .....	
<b>POGGIO COSTA PROSECCO</b>	12
<b>CAFÉ DE PARIS BRUT ROSÉ</b>	12
<b>DAOU ROSÉ</b>	14
<b>GIUSEPPE &amp; LUIGI PINOT GRIGIO</b>	12
<b>SEA COVE SAUVIGNON BLANC</b>	12
<b>SANDHI CHARDONNAY</b>	15
<b>BISHOP'S PEAK PINOT NOIR</b>	12
BOTTLES & CANS .....	
<b>EMERA LIGHT HAZY IPA</b> greenwood brewing, phoenix, az, 3.6% abv	8
<b>PURPOSE PILSNER</b> greenwood brewing, phoenix, az, 5.5% abv	7
<b>SIPPIN' PRETTY FRUITED SOUR</b> odell brewing co., fort collins, co, 4.5% abv	7
<b>SPECIAL EFFECTS ZERO ALCOHOL DRY HOP LAGER</b> brooklyn brewery, brooklyn, ny, <.5% abv	7
<b>JUNESHINE HARD KOMBUCHA</b> 6% abv, 100 calories, choose from assorted flavors	7



All tinctures, pressed juices, and simple syrups are made in-house.